

**Sri Krishna Dutt Academy,  
Vrindavan Yojna, Raibareilly Road,  
Lucknow (U.P.)**  
*(An Associated college of University of Lucknow)*

**Basic Life Support Syllabus**

**Objectives:**

- To develop practical skills in recognizing and responding to life threatening emergencies.
- To understand the importance of early intervention in critical situations.
- To train individuals in providing cardiopulmonary resuscitation (CPR) effectively.

**Unit 1: Basic Life Science Management**

- Introduction
- Function
- Types

CPR (Cardio Pulmonary Resuscitation)

- Introduction
- How to perform
- Importance

**Unit 2:** Basic Life Science Management in infants, adults and children's in detail.

AED for children and infants.

Airway management : Mouth to Mouth Rescue Breathing, Adult and older children Mouth to Mouth infants Mouth to Mouth/Nose.

Relief of choking : Chocking in a Adults and Children, Abdominal thrusts, Choking in Infants, Back Blows and Chest Thrusts, Self Assessment for Relief of Choking.

**Unit 3 :** First aid management in emergency condition.

Process of first aid box. Importance of first aid box.

**Unit 4 :** Vital signs

Blood pressure, Temperature, Blood sugar, Pulse rate, Respiration rate